

Syllabus

Section 1: Meet the anger management instructor.

1. Hey Kids!

Section: 2 - Kids Workbook PDF

2. Workbook for Anger Management for Kids

Section: 3 - Kids Anger Management

3. Anger explored
4. Anger is a normal emotion
5. Words are Powerful for Anger Control
6. Anger can be Good
7. Get Your Power, Beyond Anger Management
8. Tips for Anger Management and how to Stay COOL
9. Anger Control and Cool ways to CHILL
10. Anger Control, Communication, and Fair Fighting Power Tools
11. Bullying, Teasing, and Keeping Your Power with Your Words
12. Great Job Kids. Anger Management Complete

Section: 4 - Parents Anger Management Support Program

13. Parenting Anger Management Support
14. Second stage Parenting Anger Management for Kids
15. Final - Parenting Anger Management for Kids

Section: 5 - Parenting Anger Management Workbook PDF

16. BONUS FREE HELP: Parenting Anger Management Support Workbook